

# February 2019

Salt Rock Senior Center

| Monday                  | Tuesday                           | Wednesday             | Thursday                      | Friday                  | Saturday     | Sunday      |
|-------------------------|-----------------------------------|-----------------------|-------------------------------|-------------------------|--------------|-------------|
| CHAT-N-CHEW LUNCH DAILY | EXERCISE DAILY                    |                       |                               | ODDS N ENDS SHOPPING    | X            | X           |
| CHOR PRACTISE BINGO     | HEALTH CLINIC GROCERY SHOPPING    | PLANNING MEETING      | GAME DAY CRAFT DAY SINGING    | ODDS N ENDS SHOPPING    | X            | X           |
| 11 CHOR PRACTISE BINGO  | 12 HEALTH CLINIC GROCERY SHOPPING | 13 ROUND TABLE SEWING | 14 GAME DAY CRAFT DAY SINGING | 15 ODDS N ENDS SHOPPING | X            | 17 X        |
| 18 CHOR PRACTISE BINGO  | 19 HEALTH CLINIC GROCERY SHOPPING | 20 COVERED DISH       | 21 GAME DAY CRAFT DAY SINGING | 22 ODDS N ENDS SHOPPING | X            | 24 X        |
| 25 CHOR PRACTISE BINGO  | 26 HEALTH CLINIC GROCERY SHOPPING | 27 ROUND TABLE SEWING | 28 GAME DAY CRAFT DAY SINGING | SALT ROCK SENIOR CENTER | 304-736-4677 | AMA TOMBLIN |